

Canby High School

September 2017

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

EVERYDAY CHOICES

SALSA

Build to order Tacos or Nachos

Choice of Taco Beef (26.7 g) or Fajita Chicken (37.8 g)

Served with Refried Beans and Cheddar Cheese Sauce

SALADS

EVERYDAY CHOICES

Build Your Own Gourmet Salad

Choice of Deli Ham, Turkey or Diced Chicken

Served with self-selection of Fresh Garden Salad, Shredded Cheddar Cheese, Fresh Vegetables and Whole Wheat Roll

We welcome your questions or comments.

Please contact Galina Dobson, Director of Nutrition Services at: 503-266-6742

USDA is an equal opportunity provider and employer.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

EVERYDAY CHOICES

GRILL

Wrapped Cheeseburger (37.1g), Hamburger (35.1g) Traditional (38g) or Spicy Chicken Burger (40g)

Served with baked oven fries

FAST TAKES

EVERYDAY CHOICES

Grab & Go Lunch Boxes

Choice of Hummus Box or Sub Sandwich

Hummus Boxes: Truitt Bros Fiesta Bean Dip or Classic Hummus with tortilla chips, fresh vegetables, fruit and low-fat string cheese

Sub Sandwich Boxes: Choice of deli ham or turkey and cheese sub sandwiches with individual potato chips and fresh fruit

Lunch Price: \$3.05

Reduced Lunch Price: \$0.00

Menu is subject to change.