



# Baker Prairie Middle School

## September 2017

### Lunch Menu



Tortilla Chips with choice of Taco Beef (26.7g) M, W, F or Fajita Chicken (37.8g) T, TH with Refried Beans and Cheddar Cheese Sauce  
*All meals include a trip through the Thrive Garden Bar*



**EVERYDAY CHOICES**  
 Wrapped Hamburger (35g), Cheeseburger (37.1g), Traditional (38g) & Spicy Chicken Burger (40g)  
*All sandwiches served on whole grain buns, with oven potatoes and a trip through the Thrive Garden Bar*



Monday	Tuesday	Wednesday	Thursday	Friday
Hot Baja Chicken (31g)	Hot Meatball (36.1g)	Buffalo Chicken (44g)	Hot Meatball (36.1g)	Tuna Salad (32.2g)
Turkey (31.6g)	Turkey (31.6g)	Turkey (31.6g)	Turkey (31.6g)	Turkey (31.6g)
Ham (31g)	Ham (31g)	Ham (31g)	Ham (31g)	Ham (31g)
American Combo (32g)	American Combo (32g)	American Combo (32g)	American Combo (32g)	American Combo (32g)



Pizzas fresh baked on hand tossed pizza dough  
*All pizzas include a trip through the Thrive Garden Bar*

Monday, Wednesday and Friday  
 Cheese (22g), Pepperoni (24.8g) or Hawaiian Pizza (30.6g)  
Tuesday & Thursday  
 Cheese (22g), Pepperoni (24.8g) or 3 Meat Pizza (29.2g)



				1 No School Last Day of Summer Break
4 No School Labor Day Holiday	5 Hot Dog on WW Bun w/French Fries (47g)	6 Chicken Nuggets w/ French Fries & WW Roll (53.8g)	7 Pepperoni Calzone (36.4g)	8 Macaroni & Queso (27.9g)
11 WG Baked Corn Dog w/French Fries (37.5g)	12 Sloppy Joe w/French Fries (55.4g)	13 Cheesy Breadsticks w/Marinara (34g)	14 Orange Chicken w/Brown Rice (60.1g)	15 Chicken Alfredo w/Pasta (35g)
18 Weiner Wrap w/French Fries (48.2g)	19 Beef Tacos w/Toppings (26.6g)	20 Pozole w/Tortilla Chips (38.8g)	21 Chicken Nuggets w/ French Fries & WW Roll (53.8g)	22 Beef Lasagna (31.4g)
25 Cheesy Breadsticks w/Marinara (34g)	26 Ham & Cheese Stromboli (26.8g)	27 Beef & Broccoli w/Brown Rice (44.2g)	28 BBQ Pork Sandwich w/French Fries (47g)	29 Chicken Taco w/Toppings (25g)



**SIDES OFFERED DAILY WITH LUNCH CHOICES:**  
 Fresh Garden Salad Greens plus additional fruits & vegetables  
 in an inviting variety, and Low Fat or Fat Free Milk.